

# Enjoy your cruise in La Seyne-sur-Mer

A unique place in Provence...

## DEPARTURE FOR THE VISIT

Tamaris, Les Sablettes,  
beach 45 minutes by foot

← CIRCUIT N°2

Discover the provençal  
town, 15 minutes by foot

CIRCUIT N°1 →

### Town center tour

#### 1 Departure

Provençal town : small fisherman's port in the 16th century, La Seyne-sur-Mer became the 2nd biggest city of the Var but managed to preserve its Provençal identity. Possibility of shopping in the shopping lanes and traditional market.

15 min by foot from the pier.



#### 2 Shipyards gate / La Navale

In the style of Louis XIII: gate through which workers entered to reach the shipyards, now restored into a Land-scape Park La Navale. This park of 5 ha includes a museum-related itinerary in memory of the naval shipyards.

Free - 5 min by foot from the pier.



#### 3 The shipyard's bridge

Listed monument. Created in 1917 by the Daydé company (who built the Eiffel tower) in order to supply by rail the old shipyard. Panoramic view over Toulon harbour.

Free, flexible opening times according to season - 10 min by foot from the pier.





## 4 Notre-Dame-du-Bon-Voyage, listed monument

Listed monument. Access to the church by Cyrus Hugues street. Built in 1674 to see off and greet the return of the sailors. Front modified in 1890, the working of organs is classified as a listed monument as well as the statues made out of gilded wood.

**Free, open every day from 7.30 am to 6 pm, Sunday, 7.30 am to 1 pm except during mass - 15 min by foot from the pier.**

## 5 Provencal market and local products

Traditional market (every day except Mondays). Enjoy the delicious specialities of Provence : Tapenade, Anchovy, dried tomatoes, creamy Cade (pancake made with chickpea flour). Don't forget to discover the Fish Hall (rue de la République), which dates from 1839 and is a true institution in La Seyne. Other Provencal specialties await you; biscuits ("Navettes", "Croquants"), famous Bandol and Cotes de Provence wines and of course the aperitif drink "Pastis" served with ice cold water.

**15 min by foot from the pier.**

## 6 Bourradet place and its historical places

On Bourradet place, you can admire the 17th century houses with their carved stone window frames (late renaissance). These were the homes of the city dignitaries. They were on the original quay of the port which was then subsequently filled in.

**20 min by foot from the pier.**

**END OF TOUR:** 2 Choices at the end of your tour:

- Take the ferryboat 8M for Toulon from the quay opposite the City Hall.
- Return to the cruise boat terminal (1) by foot.



# Fort and beach tour by Tamaris and the « Belle Epoque » coast road

## 1 Departure

A tourist resort built in 1953 by the architect Fernand Pouillon (Port of Marseilles). Long and fine sandy beach, terraces, cafés and shops will welcome you for a relaxing break. Wonderful view of Cap Sicié and the rocks Les Deux Frères.

**45 min by foot from the pier. Bus route 83, bus stop “Rouve” to “Sablettes” (no bus on Sundays and public holidays).**



## 2 Fort Balaguier, listed monument

Cannon turret built in 1634, later restored by Vauban, in order to protect the military port of Toulon. Since 1970 the fort is a naval museum on local maritime history.

Admission: €3/adult - €2/children from 5 to 18

Open Tuesday to Sunday 10am to 12pm/2pm to 6pm (from 01/07 to 31/08 3pm to 7pm). Closed Mondays and bank holidays.

**20 min by foot from the pier. Bus route 83, bus stop “Balaguier” (no bus on Sundays and bank holidays).**

## 3 Tamaris district

Seaside resort created by Michel Marius Pacha around 1880, with sumptuous villas and gardens facing the sea. Free access except private villas. Tamaris mixes the architectural styles that were fashionable at that time: oriental, chalets, classical Italian style. Feel free to visit the area by foot (the private homes are not open to visitors). Continuing your walk towards “Les Sablettes” you will see a curious oriental style building “The Michel Pacha Institute” (not open to public).

**30 min by foot from the pier.**

**Bus route 83, bus stop “Le Manteau” (no bus on Sundays and bank holidays).**



## 4 Sablettes village, beach, shops

Come and discover the Sablettes, a charming hamlet realized by the architect Fernand Pouillon. This Provencal style seaside resort multiplies artistic references: sculptures, ceramics, mosaics... that will mark your visit. It's the ideal place to have lunch or a drink at a terrace while enjoying the magnificent sea view and the view of the famous rocks “The Two Brothers”.

During the summer season you can benefit from the long white beach and relax under the Provence sun.

Stroll through “Park Fernand Braudel”, a 7.5 hectare landscaped park with a botanical collection of over 300 varieties of Mediterranean plants.

**45 min by foot from the pier.**

## END OF THE TOUR:

2 choices at the end of your tour:

- Take the ferryboat 18M for Toulon from the quay opposite the building "Le Bali".
  - Return to the cruise boat terminal (1) by foot or bus line 83.

